

InterRAI - International Resident Assessment System

Dollars and Sense

- Cost = value, outcome and quality
- NZHHA conference – Auckland 2010

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InterRAI assessment story

- Our goal is to ensure that care providers have an informed view of the person
- We provide an inclusive template for looking at the comprehensive needs of those receiving care
- We have shown that information from assessments can be used to set care priorities, as well as to develop appropriate goals and approaches to care
- We have shown that persons lives can be improved through this process

Quality comes back to assessment

- Person – improve outcomes and human dignity, aiming to have the person “speak” through the assessment process
- Care professionals – improve sensitivity to the individuality of the person, and focus attention on key clinical care indicators
- Providers – target services, organise care, and benchmark performance
- Populations – optimise care through improved resource allocation, organisation, regulation, and financing

Do you have?

- access to results of InterRAI assessment – client performance scales / QIs / CAPs / etc
- assessment process occurs in professional silos
- evidence of quality care and services
- fragmented processes
- duplicity in data collection
 - care and service delivery
 - funding
 - to please 'others'



InterRAI provides.....

- holistic assessment process
- efficiency in documentation
- a source of education, evidence based practice
- a clear measurement of outcomes for residents
- a multi-disciplinary assessment tool
- a monitoring tool
- identification of risks, needs and strengths



...continued....

- evaluate at client and service level
- compliance and confidence
- performance targets
- opportunity to benchmark
- quality indicators
- data for applying human resources
- etc.....

WHEN YOU HAVE ACCESS TO THIS
INFORMATION.....



Assessment domains for HC

- Cognition
- Communication
- Mood
- Behaviour
- Psycho-social well being
- Functional status
- Continence
- Disease diagnosis
- Health conditions
- Nutritional status
- Skin conditions
- Environment
- Social supports
- Medications
- Treatments
- Demographics

Performance scales for HC

- ADL hierarchy
- Communication
- Depression
- Cognitive
- Body mass index
- IADL performance
- IADL capacity
- Pain

Assessment protocols for HC

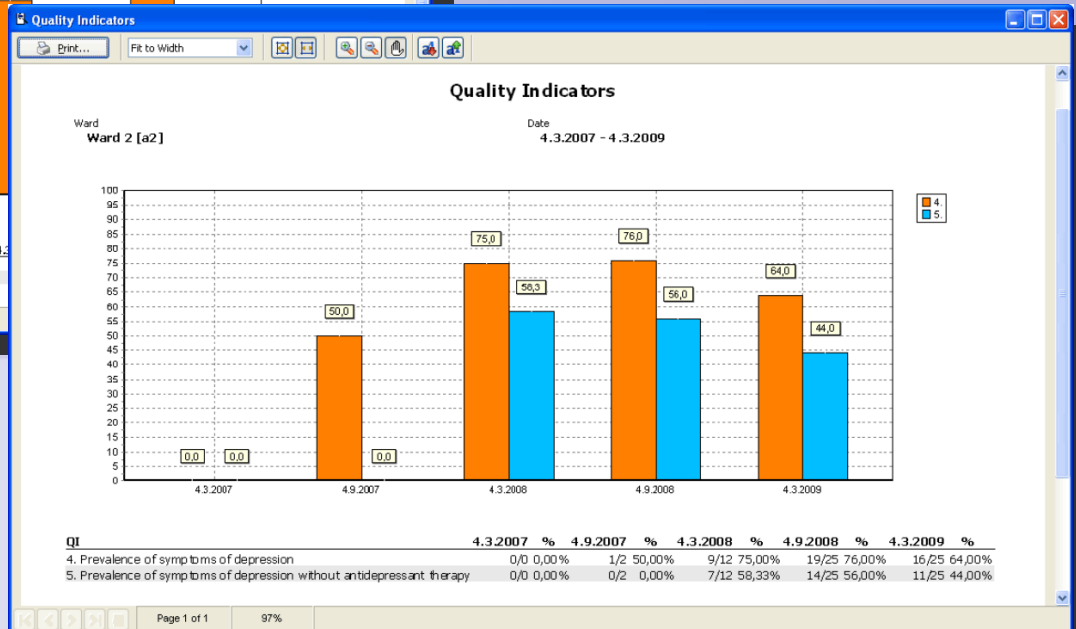
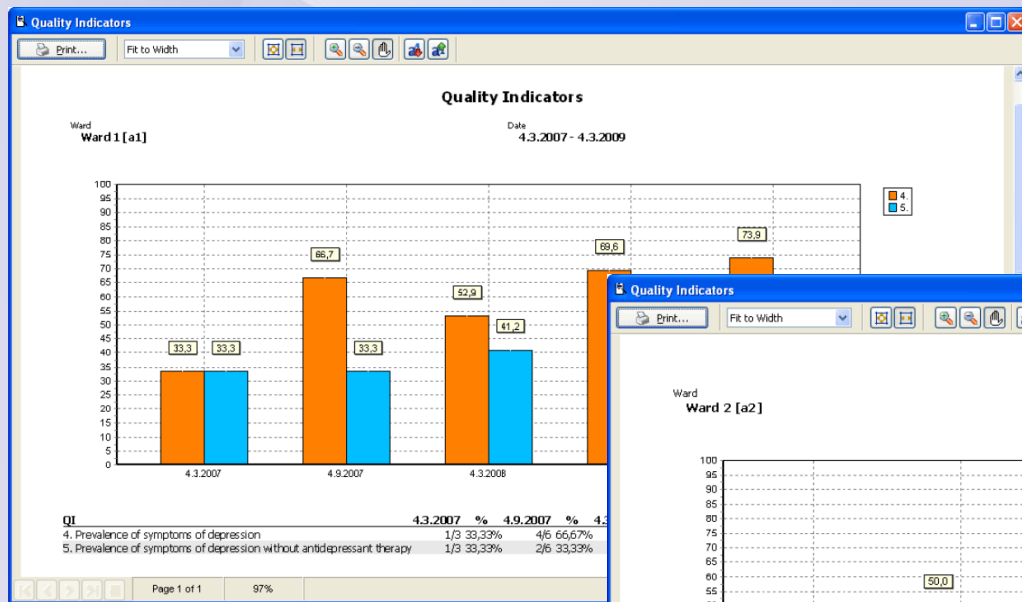
- IADL improvement
- ADL
- Mood
- Behaviour
- Environmental
- Institutional risk
- Continence & bowel
- Cognitive
- Physical activity
- Falls
- Prevention
- Cardio-respiratory
- Nutrition & dehydration
- Pressure ulcer
- Delirium
- Pain
- Medications
- Smoking & alcohol
- Communication
- Abusive relationship
- Brittle support

Feedback from users

- sensible, quick, valid, accurate picture of client
- easy to learn and use
- professional tool
- pride in assessment and care planning
- provides evidence of outcomes, monitoring and improvement
- easy reporting

.....which is why coal-face staff should be using it...



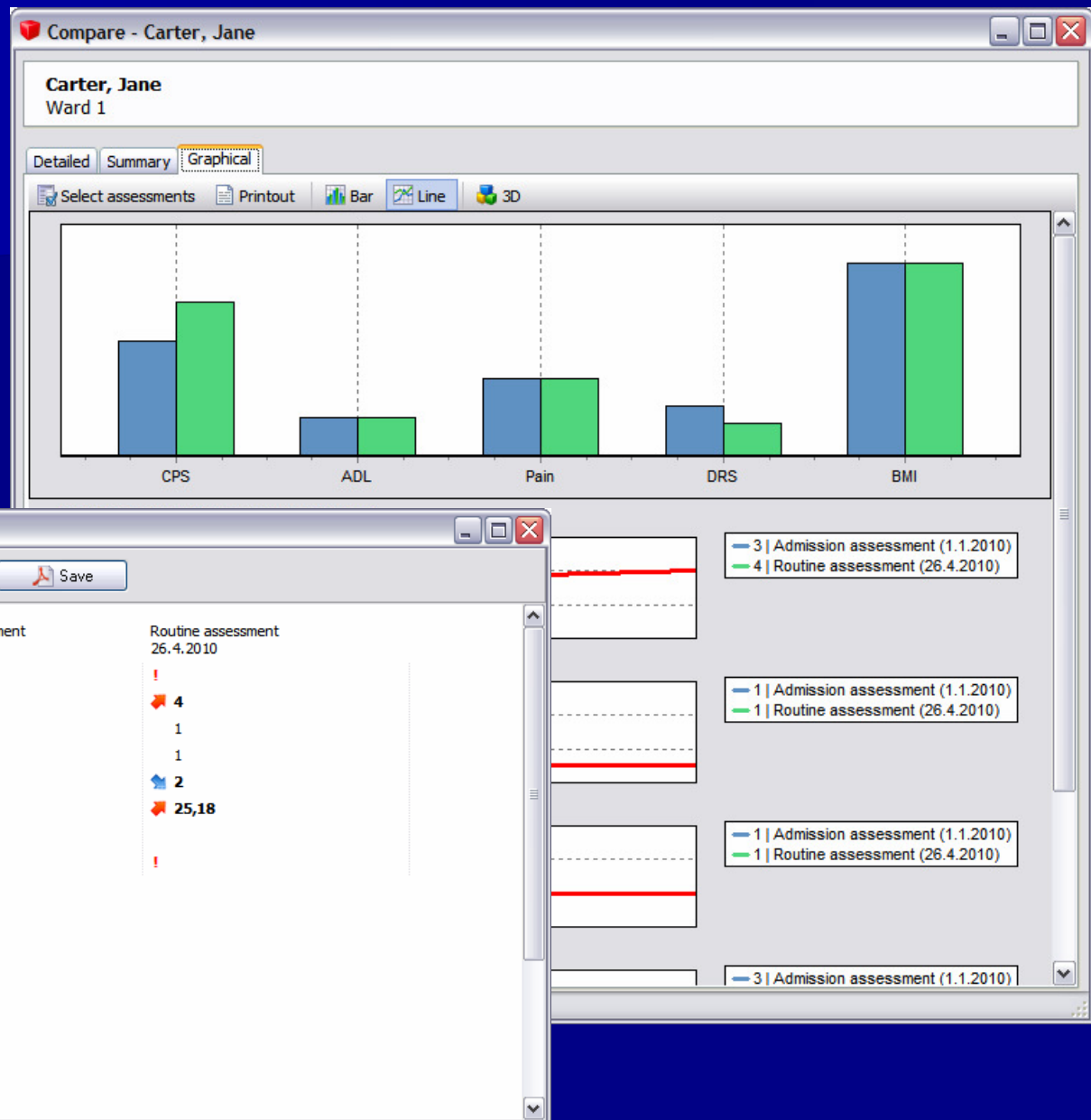


**Example: Comparison –
depression and depression without
antidepressant therapy**

Feedback from clients / representatives

- a picture is worth 1000 words
- professional approach
- thorough
- regular
- client feels valued, listened to, important..

Compare assessments showing change over time



Where is RAI at internationally?

- 3rd generation assessment
- the right assessment at the right place and time – an integrated suite
- widespread use in Nth America and Europe
- continuously improved
- quality of life surveys
- mandated / adopted
- core of an integrated health management system



Further information?

- www.interrai.org
- www.interrai-au.org
- www.raisoft.com
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